



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2016

Sporting Excellence in Karate

National Level

Oliwia Mokrzycki

This is to certify that Oliwia Mokrzycki has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Oliwia competed at National Championships throughout England in 2016 winning the medals and titles listed below:-

Championship Success - 2 Gold 3 Silver 4 Bronze

Shindo Kai Junior Championships - 13th March, Barnsley

Silver - Team Kumite

North of England Championships - 23rd October, Sheffield

Silver - Team Kumite

Bronze - Individual Kumite

Shindo Kai National Championships - 20th November, Barnsley

Gold - Individual Kata

Silver - Team Kata

Bronze - Individual Kumite

Bronze - Team Kumite

Tyne and Wear Open Championships - 22nd November, Sunderland

Gold - Individual Kata

Bronze - Individual Kumite



British
Karate
Federation



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.



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Congratulations on your sporting achievements throughout 2016. Well done Oliwia.

Sensei Wayne Clarke 3rd Dan
Head Coach - The Hull & East Riding Karate Academy



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